

# Data and Statistical Careers in Public Health Scotland

Scott Heald

Chief Officer / Head of Profession for Statistics

([scott.heald@phs.scot](mailto:scott.heald@phs.scot) @scottheald72)



# A quick bit about Scott

Graduated in  
1994 with degree  
in Maths &  
Statistics from  
Edinburgh

Active in the  
Royal Statistical  
Society – strongly  
recommend  
getting involved

26 years in  
the public  
sector;  
24 within the  
NHS



# What I'll cover today....

1. Introduction to health statistics in Scotland

3. Some audience participation with official statistics!

4. Our future direction

2. Describing the wide variety of work of our analysts

5. Applying for jobs and preparing for interview



# Health & Care Statistics in Scotland

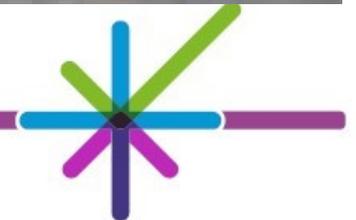
- Majority of health statistics in Scotland produced by Public Health Scotland ([www.publichealthscotland.scot](http://www.publichealthscotland.scot))
- Production of official statistics is an important part of our remit, recognised in the 2008 Official Statistics (Scotland) order
- One of the largest employers of analytical staff in Scotland
- PHS employs c1,100 people, of which c500 are in data and statistical roles



# Every statistician has a favourite graph.....

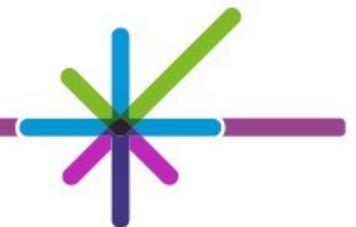
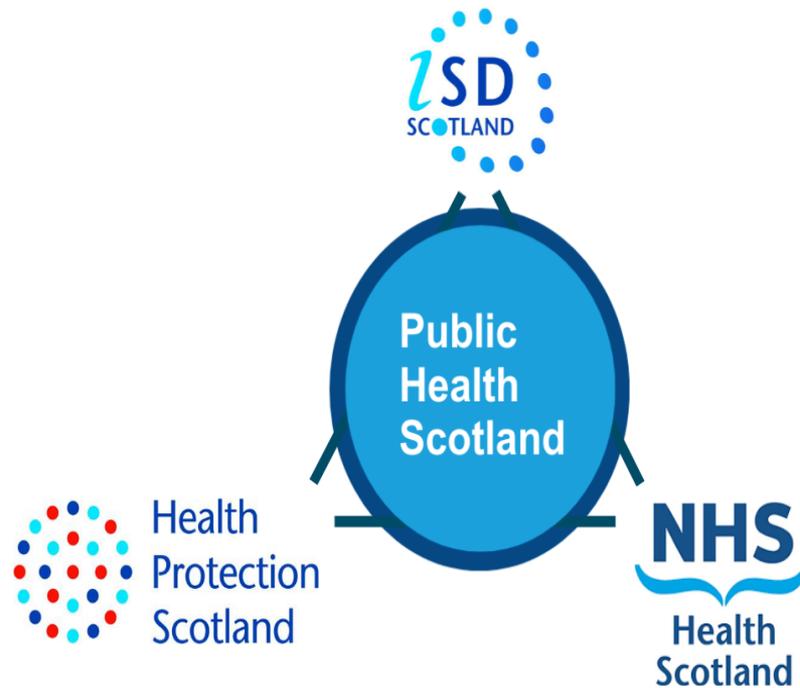
**Genuine  
parliamentary  
question.....**

**How heavy was  
Scotland's  
heaviest baby?**



# Introducing Public Health Scotland

Scotland's Public Health Reform includes the creation of a new national public health body called Public Health Scotland



# Background - why the time is right

- Scotland has one of the world's best performing health services
- But we also suffer from some of the poorest health in the western world – challenges include:
  - Poor mental wellbeing
  - Health inequalities
  - Drug-related deaths
- Poverty and reductions in funding for public services are increasingly impacting on our health and how long we are living for
- New and emerging diseases like COVID-19 and climate change are threatening health across the globe



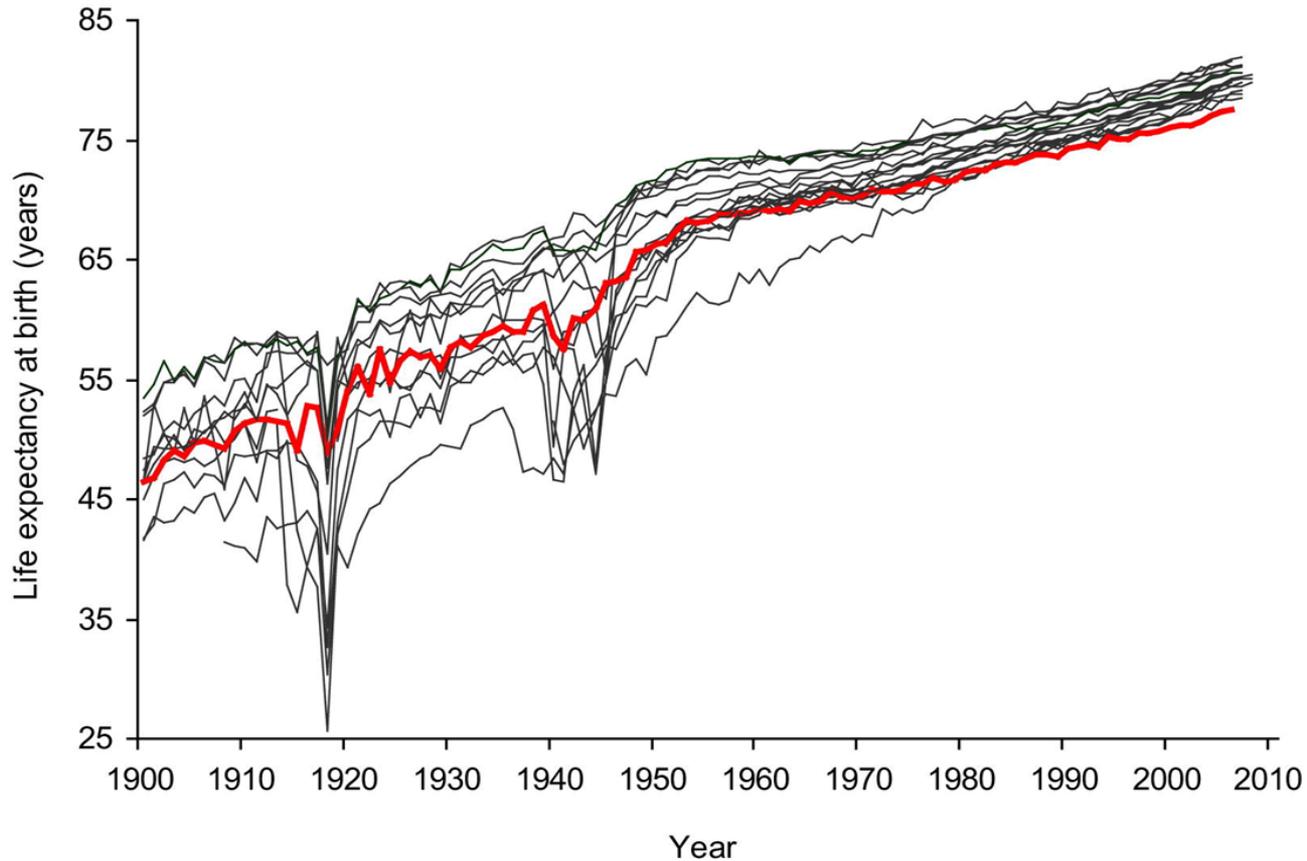
# Who do we work with?

## We work in partnership with a range of organisations:

- Scottish Government
- Scottish Parliament
- NHS Health Boards
- Local Authorities
- Health & Social Care Partnerships
- Universities
- Voluntary Sector
- Public
- Media



# Life expectancy in Scotland v Europe



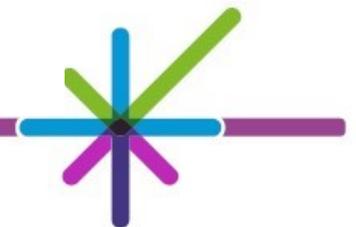
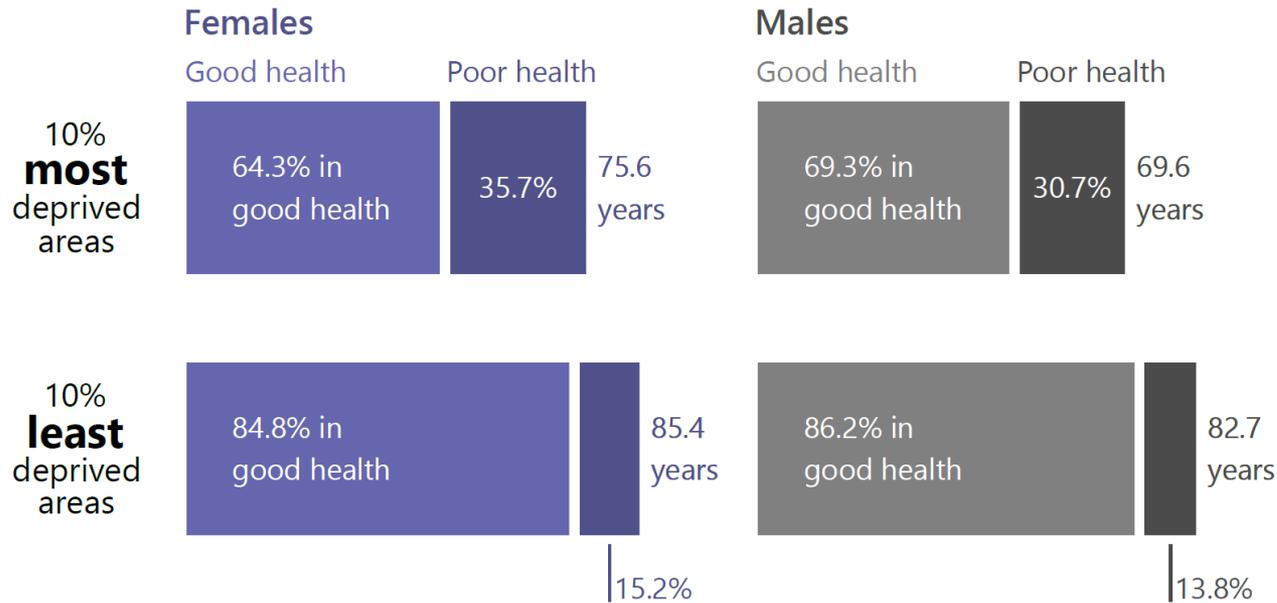
**Red line is Scotland, life expectancy was increasing (but slower than other countries); more recently it has stalled**



# Let's delve deeper into the data.....

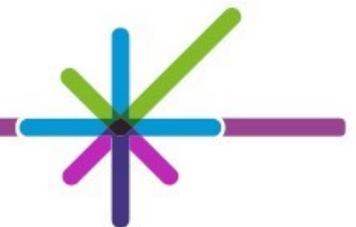
People in the **most deprived areas** have fewer years of good health and **die younger**

Healthy life expectancy by deprivation  
For those born between 2016 and 2018



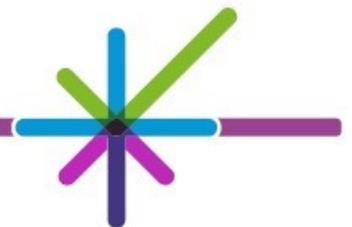
# Careers in Public Health Scotland

- Two main offices in Edinburgh and Glasgow, but all staff have been working from home during COVID pandemic
- Greater focus on local support with staff based locally in NHS Boards, local authorities and Scottish Government
- Clear career structure from new graduate to Service Manager
- Good terms & conditions, including pension



# Terms and conditions

- 37.5 Hours per week
- 27 days annual leave, rising to 29 after 5 years, 33 after 10 years
- Flexible working hours
- Up to 2 “flexi” days additional leave per 4 weeks
- Good pension scheme (average salary)
- Many “family friendly” policies
- Opportunities for career breaks



# Our career structure

**Band 5**  
(£25,000 - £32,000)

Information Analyst

**Band 6**  
(£32,000 - £39,000)

Senior Information Analyst

Senior Information Development Manager

**Band 7**  
(£39,000 - £46,000)

Principal Information Analyst

Principal Information Development Manager

**Band 8B**  
(£59,000 - £64,000)

Service Manager

Information Consultant

**Band 8C/8D**  
(£71,000 - £90,000)

Head of Service / Associate Director



# Our career structure

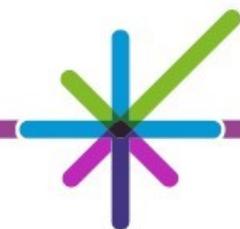
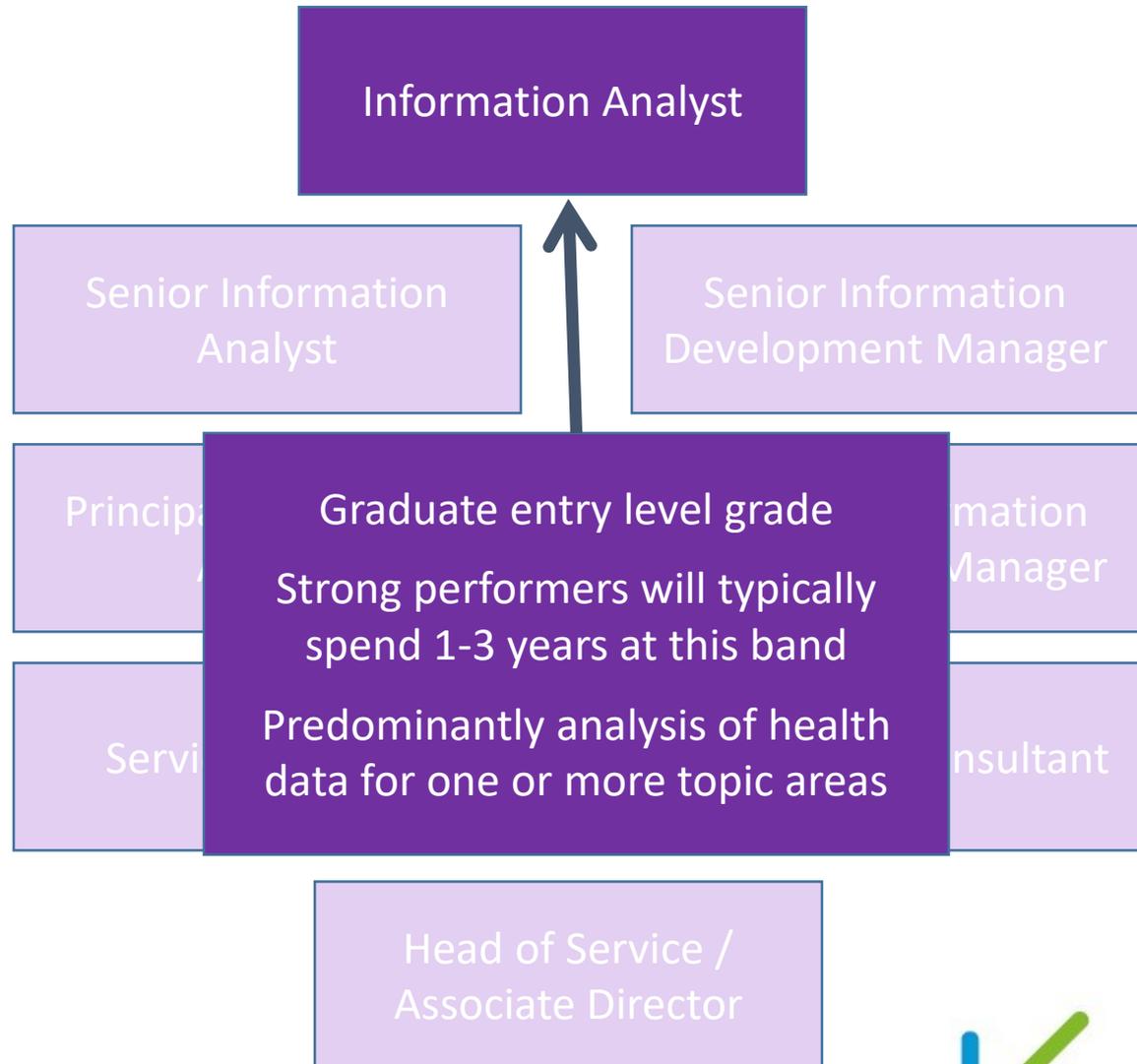
**Band 5**  
(£25,000 - £32,000)

**Band 6**  
(£32,000 - £39,000)

**Band 7**  
(£39,000 - £46,000)

**Band 8B**  
(£59,000 - £64,000)

**Band 8C/8D**  
(£71,000 - £90,000)



# Our career structure

**Band 5**  
(£25,000 - £32,000)

Information Analyst

**Band 6**  
(£32,000 - £39,000)

Senior Information Analyst

Senior Information Development Manager

**Band 7**  
(£39,000 - £46,000)

Principal Information Analyst

Principal Information Development Manager

**Band 8B**  
(£59,000 - £64,000)

Service

Experienced analyst  
Predominantly analysis of health data for one or more topic areas  
Line manager of 1 or 2 band 5s

Consultant

**Band 8C/8D**  
(£71,000 - £90,000)



# Our career structure

**Band 5**  
(£25,000 - £32,000)

Information Analyst

**Band 6**  
(£32,000 - £39,000)

Senior Information Analyst

**Band 7**  
(£39,000 - £46,000)

Principal Information Analyst

**Band 8B**  
(£59,000 - £64,000)

Service Manager

**Band 8C/8D**  
(£71,000 - £90,000)

Head of Service / Associate Director

Lead for a key statistics area (can be multiple teams), up to 10 staff  
Role will still involve analysis but becoming more managerial and strategic



# Public Health Scotland – What We Do

Scotland has some of the best health data in the world.  
Few countries have information which combines:



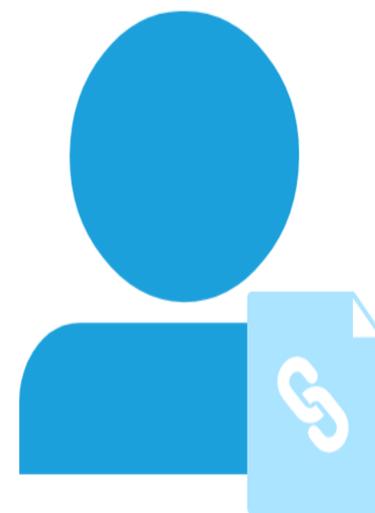
High quality data



Consistency

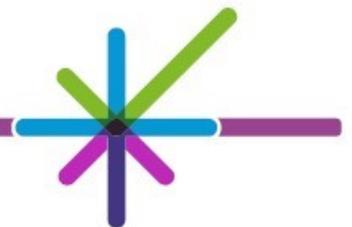


National  
coverage

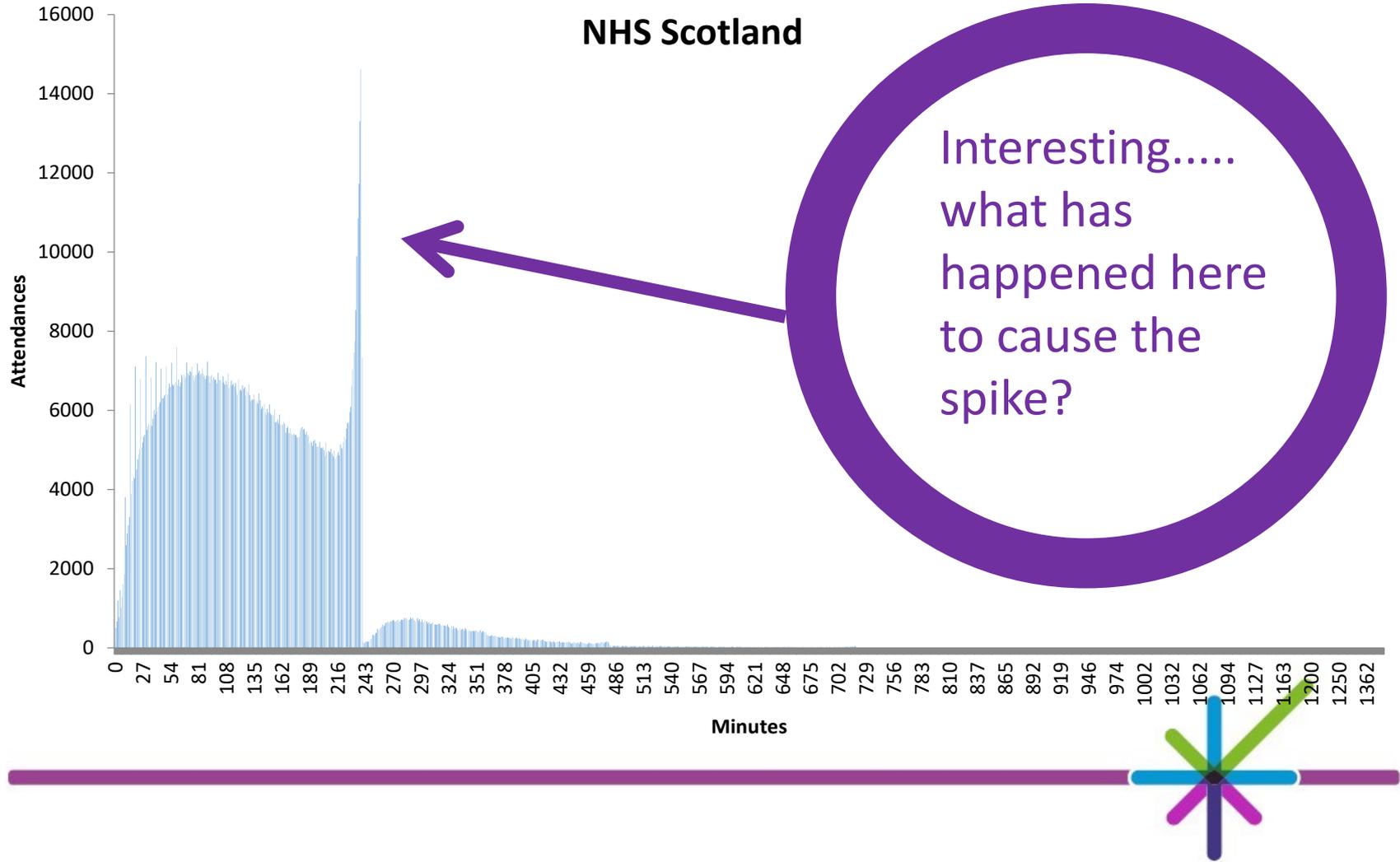


Ability to link  
data for patient  
based analysis

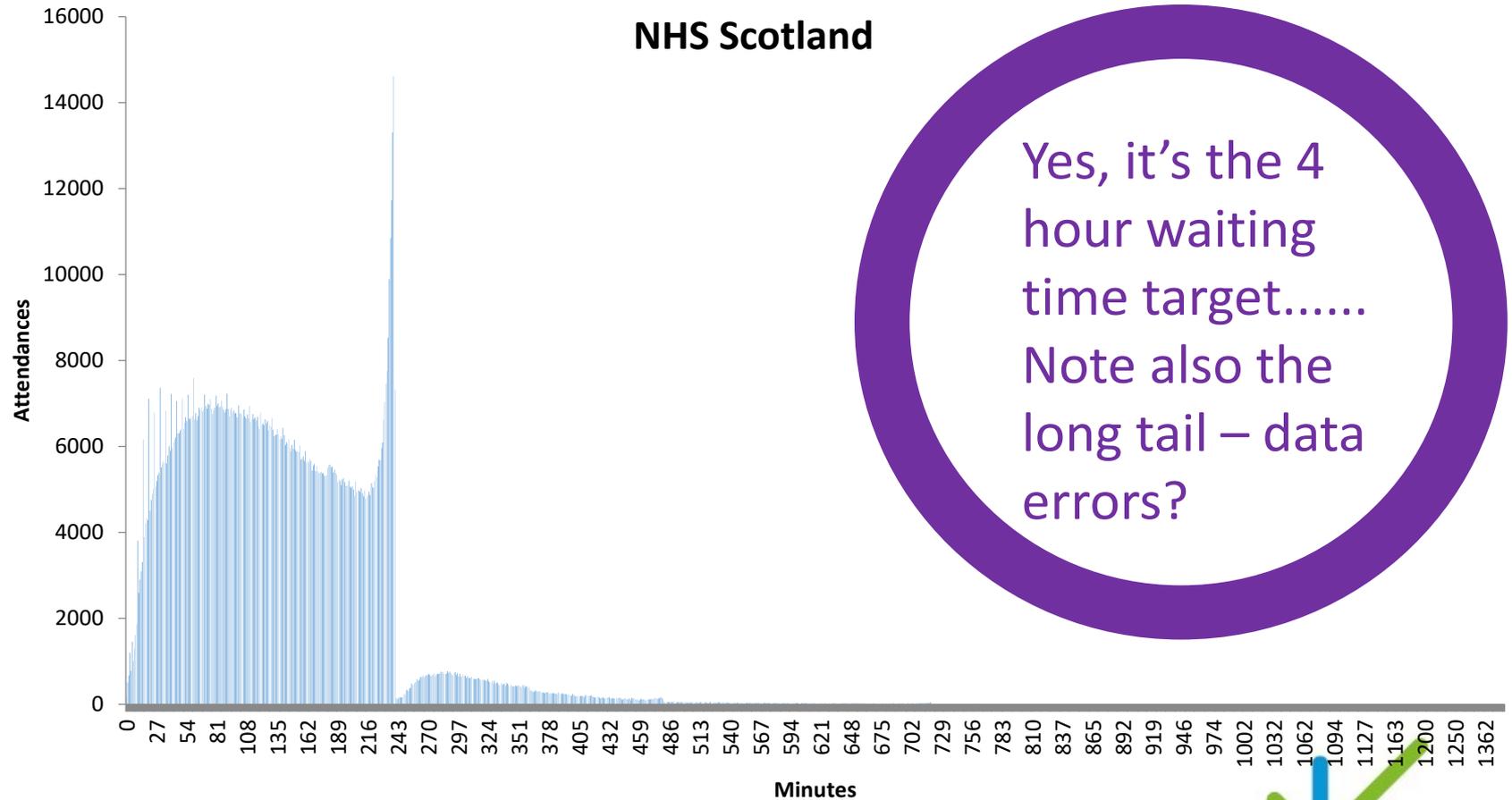
**Your chance to  
win some glory  
with the help of  
official  
statistics.....**



# A&E Waiting Times



# A&E Waiting Times



# Beware the outlier.....

**Genuine  
parliamentary  
question.....**

**How heavy was  
Scotland's heaviest  
baby?**



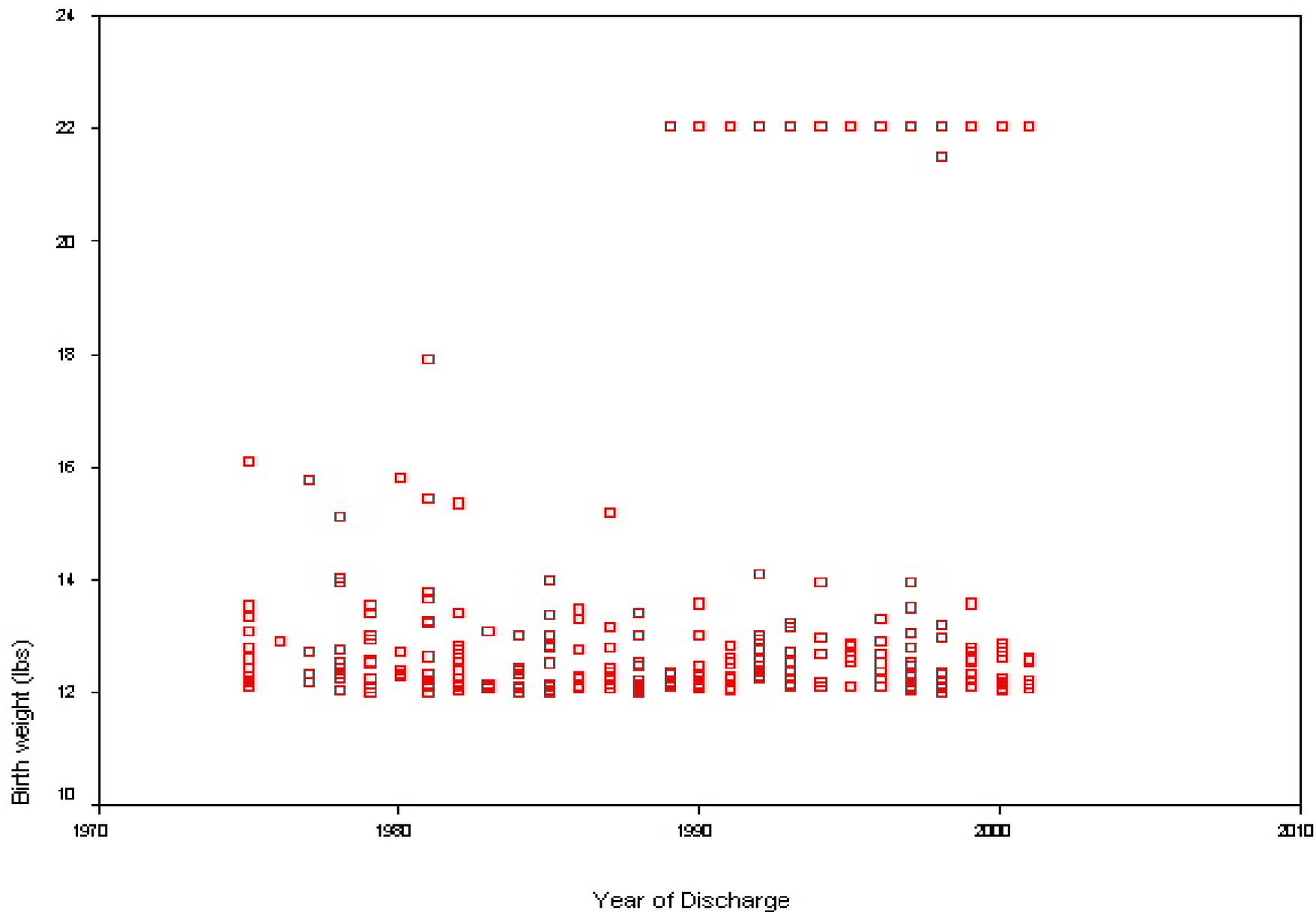
# Is this even plausible?

**Genuine  
parliamentary  
question.....**

**How heavy was  
Scotland's heaviest  
baby? 22lbs**

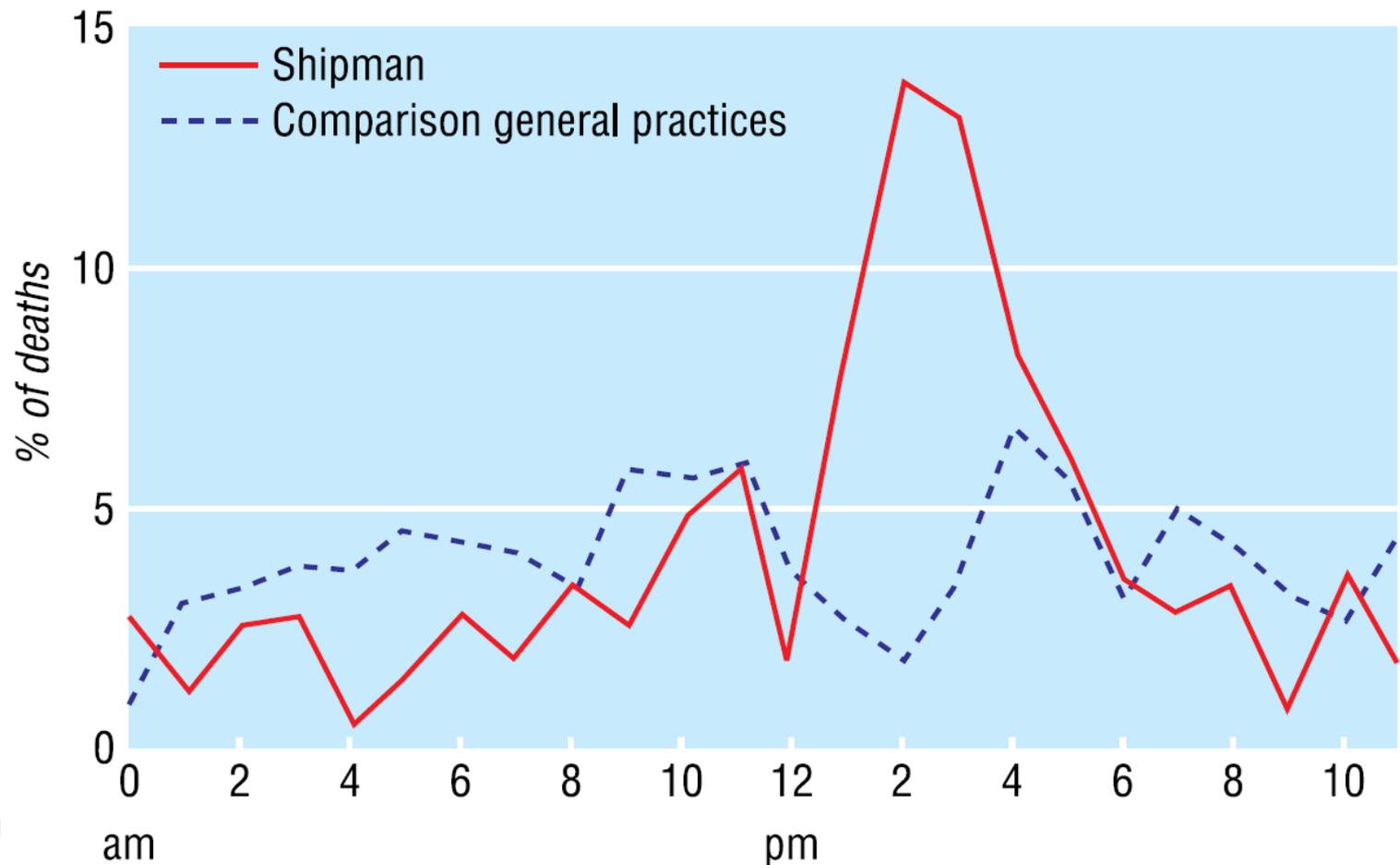


# Birth weights recorded as 12lbs +



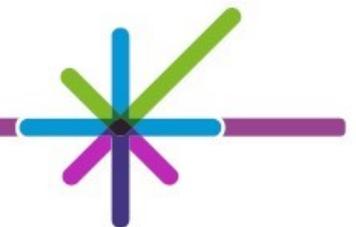
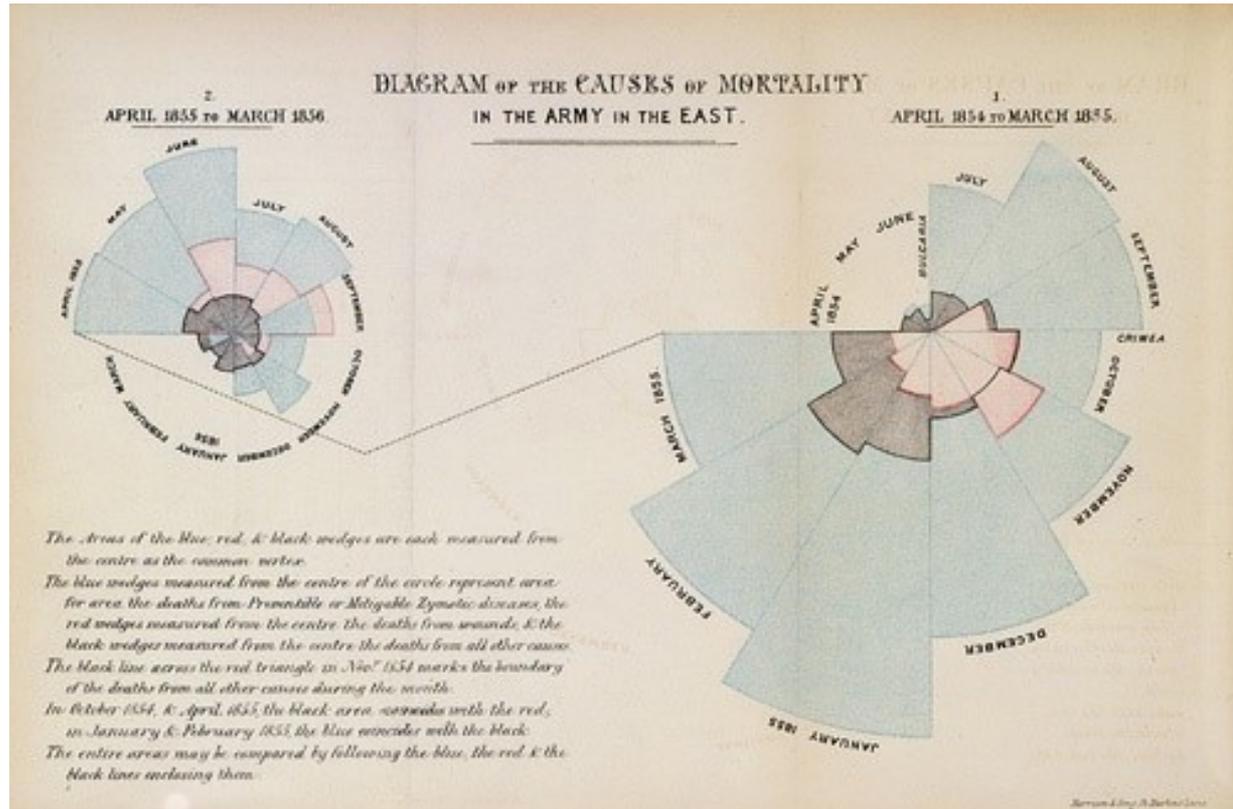
# Outlier always worth investigating.....

## Distribution of death by time of day:

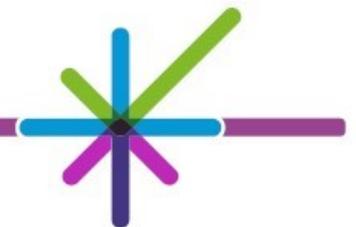
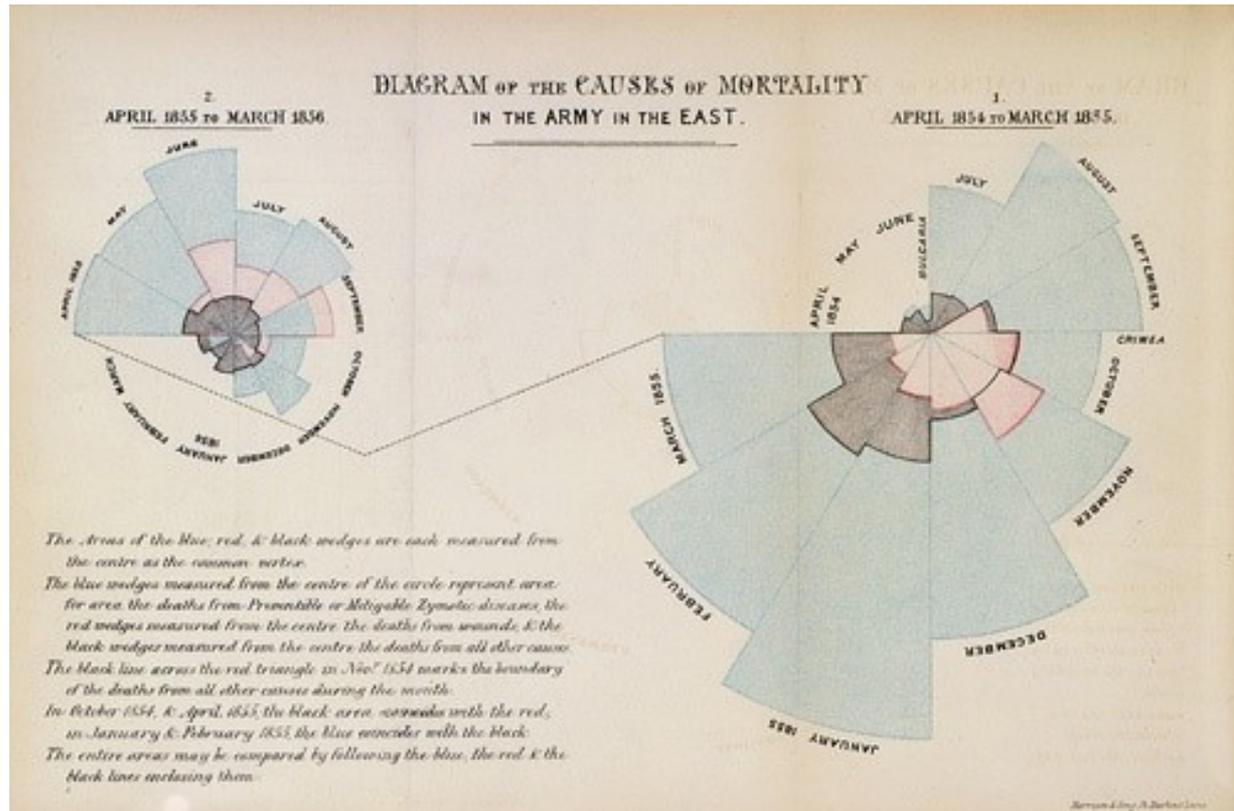


# Data visualisation is not new

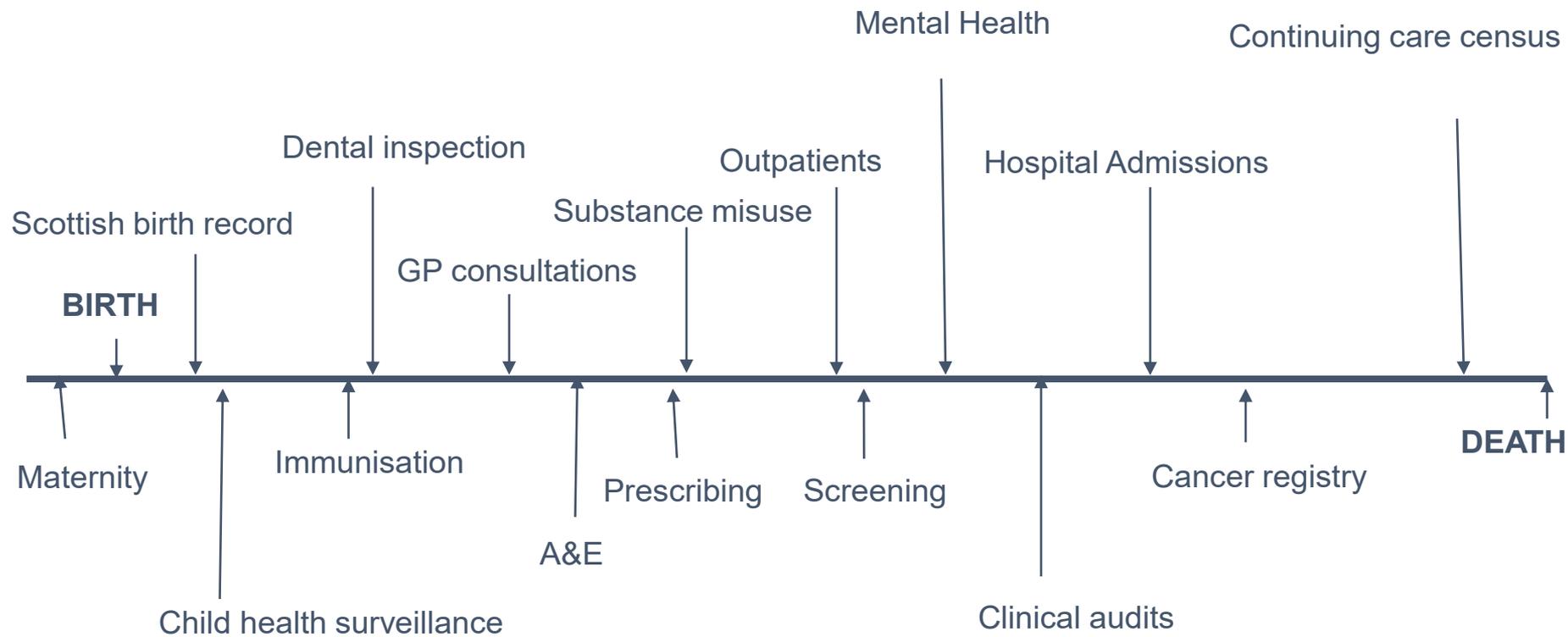
## Whose famous visualisation is this?



# Florence Nightingale, 1854



# Data from (pre) cradle to grave



Most of our data sets offer 100% coverage



# Huge variety of topic areas

## Population Health:

Cancer  
Health Disease  
Stroke  
Child Health

## Health Improvement:

Scottish Public Health  
Observatory  
Drugs & Alcohol  
Mental Health

## Quality Indicators:

Hospital Mortality  
Clinical Profiles  
Hospital Activity

## Resources

Workforce Statistics  
NHS Costs

## Prescribing

Prescribing &  
remuneration

## Service Access

Waiting Times  
GP Out of Hours

## Pathways

Hospital Care  
Primary (GP) Care  
Dental

## Integration

Social Care  
Intermediate Care  
Community Care

## Audits

Wide range of clinical  
audits



# ...and statistical services

Placements in NHS  
Boards  
e.g. NHS Lothian

Placements in Local  
Authorities  
e.g. North Lanarkshire

Placements with  
Scottish Government  
e.g. within Policy  
Directorates

Surveys  
e.g. Substance misuse  
prevalence

Clinical Trials

Bespoke projects and  
analyses for a range of  
customers

Record Linkage  
Service

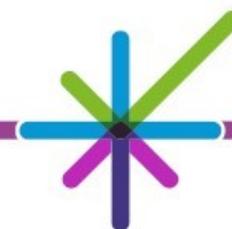
Joint working with  
Academia  
e.g. Farr Institute

Support to Health  
Protection Services



# What is our data used for?

- Improving knowledge and understanding of diseases, e.g. epidemiology, prevention and control of diseases
  - Hugely topical – huge effort 7 days a week to support the COVID-19 response
- Determining policy
- Informing planning and decision making (at national and local levels)
- Performance improvement (comparing areas)
- Research



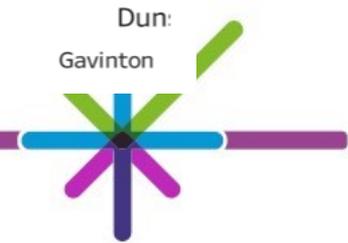
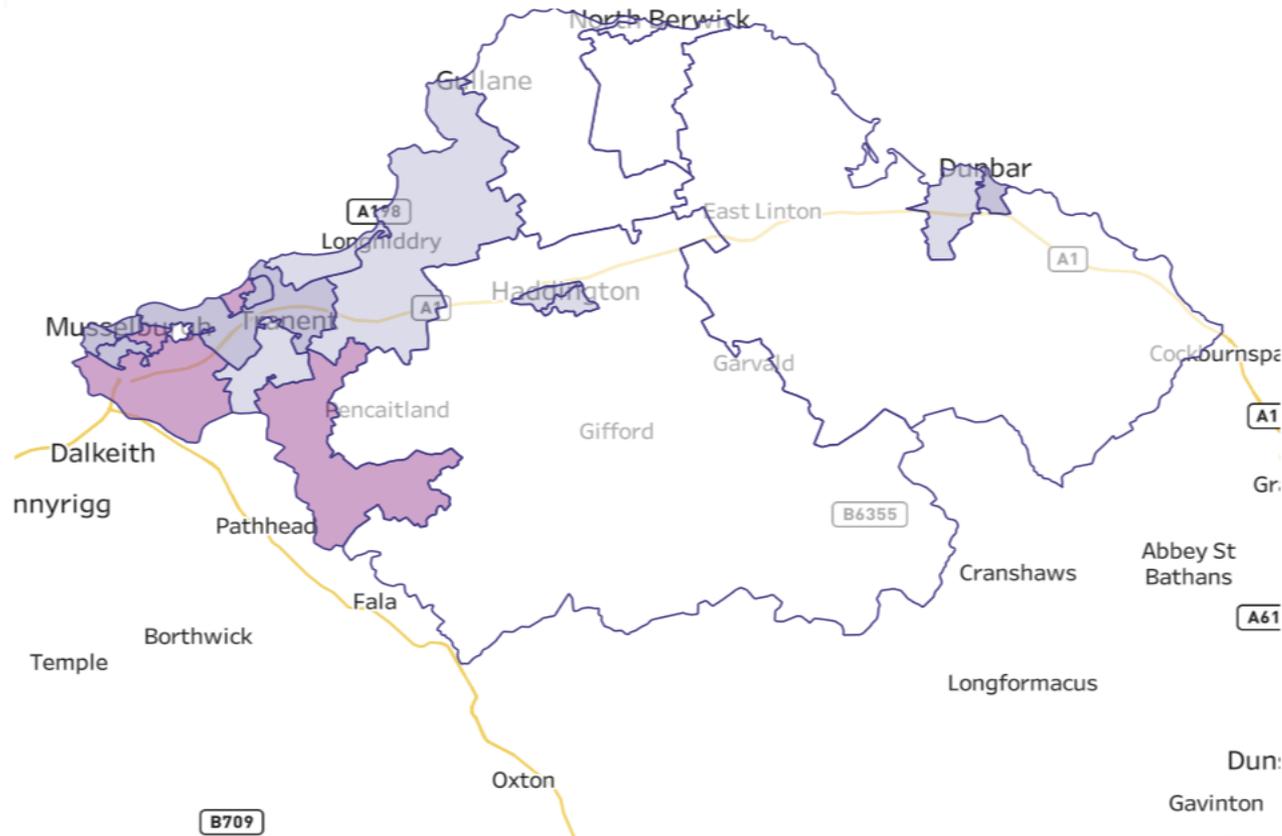
# Our COVID-19 Daily Dashboard – 20 million+ hits

[https://public.tableau.com/profile/phs.covid.19#!/vizhome/COVID-19DailyDashboard\\_15960160643010/Overview](https://public.tableau.com/profile/phs.covid.19#!/vizhome/COVID-19DailyDashboard_15960160643010/Overview)

## 7 day positive rate per 100,000 population



\* For neighbourhoods with fewer than 3 cases, we do not show a 7 day rate to protect patient confidentiality.



# The context of “place” and “wellbeing”

The image displays three overlapping screenshots of the Scottish Public Health Observatory (SPHO) website, illustrating the context of "place" and "wellbeing". The website shows various health indicators categorized into different areas, with some indicators highlighted in blue to indicate statistical significance.

**Behaviours**

- Alcohol-related hospital admissions

**Social care & housing**

- Single adult dwellings

**Environment**

- Population within 500 metres of a derelict site
- People living in 15% most 'access deprived' areas

**Life expectancy & mortality**

- Life expectancy, females
- Early deaths from coronary heart disease (CHD), aged <75 years
- Early deaths from cancer, aged <75 years
- Deaths, aged 15-44 years
- Deaths all ages

**Women's & children's health**

- Healthy birth weight
- Child healthy weight in primary 1
- Child dental health in primary 7
- Child dental health in primary 1
- Babies exclusively breastfed at 6-8 weeks

**Immunisations & screening**

- Immunisation uptake at 24 months - MMR
- Immunisation uptake at 24 months - 6 in 1
- Bowel screening uptake

**Economy**

- Working age population employment deprived
- Population income deprived
- Children in low income families

**Crime**

- Children in low income families

**Mental health**

- No data available

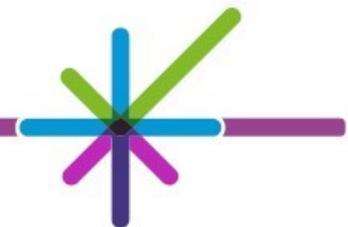
**Ill health & injury**

- Road traffic accident casualties
- Multiple emergency hospital admissions, aged >65 year
- Emergency patient hospitalisations
- Coronary heart disease (CHD) patient hospitalisations
- Chronic obstructive pulmonary disease (COPD) patient hospitalisations
- Asthma patient hospitalisations

**Education**

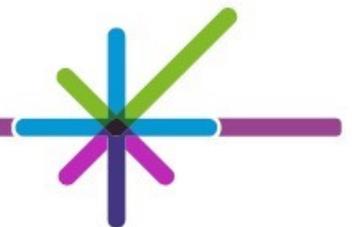
- No data available

The screenshots show that indicators such as "Alcohol-related hospital admissions", "Single adult dwellings", "People living in 15% most 'access deprived' areas", "Child dental health in primary 1", "Immunisation uptake at 24 months - MMR", "Immunisation uptake at 24 months - 6 in 1", "Bowel screening uptake", "Working age population employment deprived", "Population income deprived", "Children in low income families", "Multiple emergency hospital admissions, aged >65 year", "Emergency patient hospitalisations", "Coronary heart disease (CHD) patient hospitalisations", "Chronic obstructive pulmonary disease (COPD) patient hospitalisations", and "Asthma patient hospitalisations" are statistically significant.



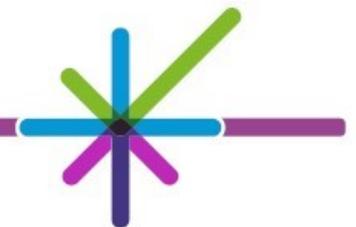
# Come and work for us (or work with us!)

- Strong analytical/statistical skills
- Experience in using software packages
  - We currently use R, Python (and SPSS)
- Ability to work in a team
- Ability to engage with customers who have little or no statistical experience
- Ability to work to tight (and unexpected) deadlines
- Potential to manage/supervise other staff/projects
- Innovative – willing to try new ideas
- Strong presentation/visualisation skills



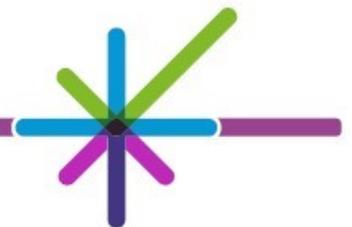
# Staff development is important

- All staff should participate in a performance appraisal process
- New career framework for analysts
- All staff should have a personal development plan
  - Mixture of “on the job” learning and formal courses
- Courses offered include:
  - Technical (software, statistics techniques)
  - Softer (presentation skills, dealing with people, personal effectiveness)
- Leadership Development or higher bands
- Team Development too



# Some tips for your application - 1

- At new graduate level, typically get 100+ applications – make your one stand out!
  - Keep your job application succinct
  - Make sure your key strengths come through
  - Keep to the “person spec” for the post
- Preparing for the interview:
  - You will be asked to bring proof of eligibility to work in the UK – you must bring it or the interview won't go ahead
  - It will be mostly competency-based questions with one technical question
  - For the competency-based questions, use the ‘STAR approach’ (Situation, Task, Action, Result)



## Some tips for your application - 2

- Be prepared to explain your statistics experience to panel members with a statistics background – remember, the field of statistics is vast so the panel may not be familiar with your area of expertise
- Be prepared to explain a basic statistical concept to someone on the panel with no statistics experience. For example:
  - How would you explain a “confidence interval” to a health practitioner with no prior statistical experience?
  - How would you explain a “median” to a journalist?



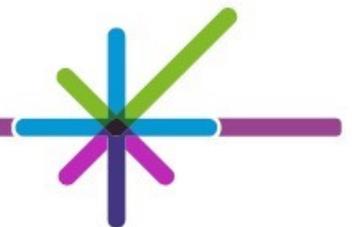
**But don't just take it from me...  
Hear from our analysts...**

<https://m.youtube.com/watch?v=vzhGzBfrxow&feature=youtu.be>



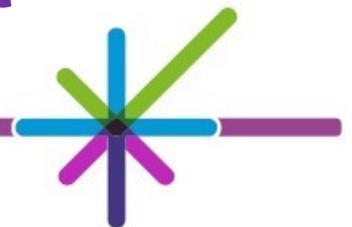
# What do our staff like about working with Public Health Scotland?

- Variety of work
- Use of a variety of tools and innovation is encouraged
- Friendly and supportive environment
- Personal Development
- Flexible working
- Career progression



# Interested in working for us?

- We recruit regularly
- Next Information Analyst recruitment begins in May (and runs approx. 3-4 times a year)
- [www.publichealthscotland.scot/our-organisation/vacancies/](http://www.publichealthscotland.scot/our-organisation/vacancies/)
- Can be added to our mailing list for notifications of job adverts
- [p hs.analystrecruitment@p hs.scot](mailto:p hs.analystrecruitment@p hs.scot)



# Thank you for listening

## Any questions?



[www.publichealthscotland.scot](http://www.publichealthscotland.scot)

[scott.heald@phs.scot](mailto:scott.heald@phs.scot)

[@scottheald72](#)

